### **RULES AND REGULATIONS**

## Title 28—HEALTH AND SAFETY

**DEPARTMENT OF HEALTH** 

[28 PA. CODE CHS. 1001, 1003, 1005, 1007 AND 1051]

#### **Out-of-Hospital Do-Not-Resuscitate Orders**

The Department of Health (Department) adopts final regulations dividing Part VII (relating to emergency medical services) into Subparts A and B (relating to emergency medical services systems; and matters ancillary to emergency medical services systems), amends §§ 1001.1—1001.5, 1003.27, 1005.3, 1005.10 and 1007.7 and adds Chapter 1051 (relating to out-of-hospital do-not-resuscitate orders) to read as set forth in Annex A.

#### Purpose and Background

To enable the prompt implementation of 20 Pa.C.S. §§ 54A01—54A13 (relating to Do-Not-Resuscitate Act) (DNR Act), enacted by the act of June 19, 2002 (P. L. 409, No. 59) (Act 59), effective August 18, 2002, Act 59 required that the Department adopt interim regulations by December 16, 2002. To expedite adoption of the interim regulations, Act 59 exempted those regulations from review by the designated standing committees in the House and Senate and by the Independent Regulatory Review Commission (IRRC). The Department adopted interim regulations on December 14, 2002. They went into effect on March 1, 2003.

Act 59 requires the Department to adopt final regulations in accordance with customary rulemaking procedures following the Department's adoption of interim regulations through the abbreviated rulemaking process. After its adoption of the interim regulations, and in accordance with standard rulemaking procedures, the Department proposed amendments to the regulations. Proposed rulemaking was published at 33 Pa.B. 4450 (September 6, 2003). A 30-day comment period was provided.

These final regulations continue the changes to the Department's regulations made by the interim rule-making process, with a few revisions. This includes the division of Part VII into Subparts A and B; the amendments the interim regulations made to §§ 1001.1—1001.5, 1003.27, 1005.3, 1005.10 and 1007.7a, which are regulations originally adopted under the Emergency Medical Services Act (EMS Act) (35 P. S. §§ 6921—6938); and the addition of Chapter 1051. The Department's proposed rulemaking announced the Department's intention to adopt as final regulations, with few changes, the same provisions the Department had previously adopted as interim regulations. The Department received comments from five sources, including IRRC, and thoroughly reviewed and considered those comments before adopting these regulations.

#### Summary

The proposed regulations to which no comments were addressed, are adopted for the reasons given in the preamble to the proposed regulations. Notwithstanding the absence of comments to those proposals, the Department reevaluated them for the purpose of determining whether revisions should be made in final rulemaking.

The only regulations that are discussed in this preamble are those that have been revised or to which comments were addressed in their proposed form.

Subpart A. EMERGENCY MEDICAL SERVICES SYSTEMS

§ 1005.3. Right to enter, inspect and obtain records.

This section was originally promulgated under the EMS Act to aid in the implementation of section 12(k) of the EMS Act (35 P. S. § 6932(k)), which gives the Department both the right and the responsibility to periodically inspect ambulance services as it deems appropriate and necessary.

#### Comment

The preamble to the proposed regulations stated the Department's intention to include a reference to Subpart A. The reference was not included in this section. Was it the Department's intention to include the reference to Subpart A in the subsections of the section?

#### Response

The Department has made no change to the regulation based on this comment.

Prior to the adoption of the interim regulations, this regulation addressed the duty of an ambulance service to cooperate with a Department inspection when the Department was investigating a violation of regulations it had adopted under the EMS Act. At that time, Part VII was comprised exclusively of regulations the Department had promulgated under the EMS Act. However, when the Department adopted the interim regulations, which were not adopted under the EMS Act, but, rather, under the DNR Act, the Department divided Part VII into Subpart A, which contains the regulations adopted under the EMS Act, and Subpart B, which contains the regulations adopted under the DNR Act. Because some of the regulations that were placed in Subpart A included a reference to Part VII instead of Subpart A, it became necessary to change the reference in those sections.

This change was made in the interim regulations. The reference to this "part" in subsection (a) was changed to "subpart." The proposed regulations proposed to retain that change and that change is retained in this final regulation.

Subpart B. MATTERS ANCILLARY TO EMERGENCY MEDICAL SERVICES SYSTEMS

#### § 1051.3. Applicability.

This section identifies the persons to whom this chapter is applicable. No comments were received pertaining to this section. However, upon further review of subsection (b), the Department has decided to revise that subsection to clarify that in a hospital an emergency medical services (EMS) provider shall comply with an out-of-hospital do-not-resuscitate (DNR) order in the course of providing care to or transportation of an out-of-hospital DNR patient on behalf of an ambulance service.

§ 1051.11. Patient qualifications to request and revoke out-of-hospital DNR order.

This section addresses a qualified patient's right to request and revoke an out-of-hospital DNR order and the other out-of-hospital DNR items.

§ 1051.12. Surrogate's authority to request and revoke out-of-hospital DNR order.

This section addresses a surrogate's right to request and revoke an out-of-hospital DNR order and the other out-of-hospital DNR items, and the patient's right to revoke an out-of-hospital DNR order issued upon a surrogate's request. The following comment applies to §§ 1051.11 and 1051.12 (relating to patient qualifications to request and revoke out-of-hospital DNR order; and surrogate's authority to request and revoke out-of-hospital DNR order).

#### Comment

If the patient or surrogate makes the decision to revoke an out-of-hospital DNR order, the patient or surrogate, not the physician, should have the responsibility to destroy the DNR items.

#### Response

The Department has made no change to the regulations based upon this comment.

The Department agrees with the comment. These two regulations do not provide otherwise. The only circumstance under which a physician is required to destroy the DNR items issued by the physician is when they are returned to the physician, under the physician's request, if the physician determines that his diagnosis that the patient is in a terminal condition or permanently unconscious was in error. See § 1051.30(a) (relating to physician destruction of out-of-hospital DNR order, bracelet or necklace). Even when the physician communicates a misdiagnosis and requests the return of the out-ofhospital DNR items on that basis, if the patient or surrogate does not honor the physician's request to return the items, the physician is relieved of the duty to destroy them. Under those circumstances, the physician is simply precluded from making an entry in the patient's record that the order has been destroyed without having confirmed the destruction of the DNR items issued by the physician. See § 1051.30(b).

§ 1051.13. Duties when person loses authority to function as a surrogate.

This section addresses responsibilities to the patient and to the attending physician of a replaced and replacement surrogate when a surrogate is replaced.

#### Comment

Should responsibilities similar to those the regulations place on former surrogates be placed on replacement surrogates?

#### Response

Some responsibilities should be placed on a replacement surrogate. The Department has revised the regulation by adding subsection (d) to require a replacement surrogate to make a reasonable effort to notify the physician of the change in surrogates if the new surrogate is made aware of the out-of-hospital DNR order, is provided information regarding the physician who issued it and has not already confirmed that the physician was apprised of the change in surrogates by the prior surrogate. Due to the addition of this subsection, which expands the scope of the matters addressed by the section, the Department has also changed the title from "Person who loses authority to function as a surrogate."

#### Comment

Does an out-of-hospital DNR order remain valid if a surrogate who is subsequently replaced requested it? If so, how could the new surrogate become aware of an existing out-of-hospital DNR order?

#### Response

In response to this comment, the Department is adding language to subsection (b) (previously subsection (c)) to require a former surrogate to apprise a new surrogate of the out-of-hospital DNR order if the former surrogate is able to do so. The text in subsection (b) is moved to subsection (c).

If a person has authority to function as a patient's surrogate at the time that person requests an out-of-hospital DNR order for the patient, and the attending physician issues the order, the order remains in effect regardless of whether the person later loses the authority to act as the patient's surrogate. Thereafter, the order may be revoked only by a subsequent surrogate, if there is one, or by the patient. For some patients, such as a patient who is competent and under 18 years of age when the order is secured by a parent, but later reaches 18 years of age, there will be no replacement surrogate. However, for some patients a prior surrogate will be replaced by a new one. There are numerous circumstances under which this might happen. In some instances, the former surrogate will be able to apprise the new surrogate of the order. In other instances, such as when a former surrogate dies or does not possess the capacity to communicate due to a disability such as a coma, the former surrogate will not be able to communicate the information to the replacement surrogate. However, the Department is amending the regulation to require a former surrogate to communicate the information to a succeeding surrogate when the circumstances permit.

It should be noted that if the out-of-hospital DNR items were issued at the request of a patient's former surrogate, these items would have the former surrogate's signature on them, not the signature of the replacement surrogate. From a legal perspective, the items continue to be effective and the new surrogate is also empowered to revoke the out-of-hospital DNR order. Nevertheless, as a practical matter an EMS provider is likely to hesitate complying with an attempted revocation by the replacement surrogate because the replacement surrogate's signature is missing on the out-of-hospital DNR item observed by the EMS provider. Consequently, the Department recommends that the replacement surrogate pursue the issuance of replacement out-of-hospital DNR items for the patient, containing the replacement surrogate's signature, to best ensure his ability to effectively exercise revocation authority.

#### Comment

Proposed subsections (b) and (c) require a former surrogate to help the physician locate "the patient or the patient's current surrogate." If the patient is unable to communicate it may be difficult for the physician to locate the current surrogate. Should the word "or" be replaced by "and"?

#### Response

The Department has made the recommended revision. The Department agrees that the former surrogate should provide the physician with any information he may have to help the physician locate the patient and the patient's current surrogate if the patient has a current surrogate.

As previously discussed, not all patients will need to continue to have a surrogate. The Department has amended the regulation to require the former surrogate, when he loses surrogate status, and if capable of doing so, to provide the physician with any information he may have to help the physician locate the patient and the patient's current surrogate if the patient has a current surrogate.

§ 1051.21. Securing out-of-hospital DNR orders, bracelets and necklaces.

This section provides that only physicians or their agents may secure out-of-hospital DNR order forms, bracelets and necklaces.

§ 1051.22. Issuance of out-of-hospital DNR order.

This section states that an attending physician may issue an out-of-hospital DNR order and specifies various duties the physician is required to perform before issuing the order. The following comments apply to §§ 1051.21 and 1051.22 (relating to securing out-of-hospital DNR orders, bracelets and necklaces; and issuance of out-of-hospital DNR order).

#### Comment

The patient would be better served by obtaining an out-of-hospital DNR order, bracelet and necklace directly from the vendor than from the patient's attending physician. The responsibility of the attending physician in this regard should be to examine the patient to determine that the patient is qualified to receive the out-of-hospital DNR items, and then to issue an order authorizing the patient or the patient's surrogate to procure the items from the vendor.

#### Response

The Department has made no change to the regulations based upon this comment.

The DNR Act is clear on this matter. It provides for only a qualified patient's attending physician to "issue" an out-of-hospital DNR order and the other out-of-hospital DNR items. See 20 Pa.C.S. § 54A04(a)—(d) (relating to orders, bracelets and necklaces). It makes no provision for a patient or a patient's surrogate to secure any of these items from any source other than the patient's attending physician, and it makes no provision for a person other than a patient's attending physician to issue any of the items.

In addition to the statutory requirement that only an attending physician may issue the DNR items, the requirement that the necklace, bracelet and order include the dated signature of the physician (see 20 Pa.C.S. § 54A04(b)—(d)) makes it impractical for any of the items to be provided by a person other than the attending physician.

The attending physician's issuance of these items, after signing and dating the order, and signing and dating a tab the physician encloses and seals in the bracelet or necklace pendent, also makes it far more difficult for someone to create and use an unauthorized, illegal out-of-hospital DNR item. Direct physician control over the issuance of these items is a safeguard. It reduces the opportunity for a person to secure original unsigned out-of-hospital DNR items and insert a forged signature of a purported patient or surrogate on an out-of-hospital DNR order, or a forged and dated signature of a physician on any of the items.

Comment

Physicians should not be required to pay for out-ofhospital DNR items, should not be required to purchase these items in bulk and should not be required to stock these items so that they are available on demand.

Response

The Department has made no change to the regulations based upon this comment. The Department has, however, amended the regulation to clearly state that physicians are responsible for purchasing out-of-hospital DNR orders.

Nothing in the regulations requires physicians to bear the ultimate cost of these items. They may charge the patient or the patient's surrogate for providing the service, including the cost of the DNR items they issue, which currently ranges from 11¢ for the order to \$1.35 for the necklace.

The DNR Act provides for the Department to make the out-of-hospital DNR items available to physicians to issue to their patients. See 20 Pa.C.S. § 54A04(b)—(d). Section 6 of Act 59 provides that the Department may contract with any public or private entity to facilitate any of its responsibilities under Act 59. However, Act 59 made no appropriation of funds to the Department for the purpose of providing out-of-hospital DNR items to physicians and is silent regarding who is to pay for the out-of-hospital DNR items. Section 1051.21 explains that physicians may purchase the DNR items from the vendor with whom the Department has contracted, whose name the Department will publish in a notice in the *Pennsylvania Bulletin*. The Department has published the name of the vendor. See 33 Pa.B. 2226 (May 3, 2003). Additionally, the Department has posted on its website, www.health.state.pa.us, a link to a purchase order form attending physicians may use to purchase the items.

The vendor with whom the Department has made arrangements requires that the items be purchased in lots of 50 due to the low cost of each item negotiated with the Department. Nothing prevents physicians from jointly purchasing these items directly or through an agent, but at least one attending physician must be identified on the purchase order.

The comment that the proposed regulations would require an attending physician to have the out-of-hospital DNR items in stock, ready to provide to a patient or the patient's surrogate upon demand, is not correct. This requirement was not in the interim or proposed regulations, a requirement is not imposed by the final regulations. It is up to the physician to determine whether to secure these items in advance of a request or to wait until a request is made. Moreover, § 1051.26 (relating to physician refusal to issue an out-of-hospital DNR order) acknowledges that it is permissible for an attending physician to choose not to provide this service for qualified patients.

#### Comment

Patients would be served more efficiently by being able to obtain the form to order out-of-hospital DNR items with the other out-of-hospital DNR materials the Department places on its website. Patients could then download the form and take it with them to their attending physicians.

#### Response

The Department has made no change to the regulations based upon this comment.

The regulations place upon the physician the responsibility to order the out-of-hospital DNR items. The Department's vendor requires purchases of each out-of-hospital DNR item in lots of 50. Once a physician makes one order there will likely be a considerable passage of time before another purchase needs to be made. Prior to that time, the physician would have no need to use each individual purchase order form brought to a physician by a patient or the patient's surrogate if the Department were to revise the regulations as suggested by the comment.

The Department could make different arrangements with a vendor and insist that the vendor permit physician purchases of out-of-hospital DNR items individually. However, this would simply take more time, involve more paperwork, increase mailing and add more costs for patients or physicians.

Furthermore, it is likely that many of the patients who seek out-of-hospital DNR items will be elderly and need assistance in the process, may have diminished capacity due to the condition that qualifies them for out-of-hospital DNR items or may not have access to the Internet or even know how to use a computer to accomplish what the comment suggests. These people should be able to rely upon and secure assistance from their attending physicians and the staffs of those physicians.

§ 1051.23. Disclosures to patient requesting out-ofhospital DNR order.

This section identifies the information a patient's attending physician must disclose to the patient before issuing an out-of-hospital DNR order requested by the patient.

§ 1051.24. Disclosures to surrogate requesting out-ofhospital DNR order.

This section identifies the information a patient's attending physician must disclose to the patient's surrogate before issuing an out-of-hospital DNR order requested for the patient by the surrogate. The following comments apply to §§ 1051.23 and 1051.24 (relating to disclosures to patient requesting out-of-hospital DNR order; and disclosures to surrogate requesting out-of-hospital DNR order).

#### Comment

The Department could better implement the DNR Act by developing a pamphlet for physicians to provide to their patients and patient surrogates, which discloses the pertinent information the regulations require the patient's attending physician to disclose to the patient or the patient's surrogate, as the case may be, before issuing an out-of-hospital DNR order for the patient.

#### Response

The Department has made no change to the regulations based upon this comment.

The Department agrees that it would simplify physician compliance and assist both patients and their surrogates if the Department prepared materials containing the suggested information. As announced in the preamble to the proposed regulations, the Department has already done that. The information is available to read and copy through the Department's website. The preamble to the proposed regulations expressly invited physicians to access and copy that material to distribute to their patients and surrogates. The Department repeats that invitation here. The Department believes that this is a better approach than the Department printing pamphlets for a variety of reasons. First, it is less costly. Act 59 did not

appropriate funds to the Department to print and distribute informational pamphlets. Second, the information is available to any person who has access to the Internet and wants to review it. Further, patients for whom an out-of-hospital DNR order has been issued and their surrogates may easily access the information at any time if they have access to the Internet, but could lose or misplace a pamphlet provided to them. Also, the Department may easily add to or clarify information available through its website, but would need to reprint and distribute new pamphlets to accomplish the same result if it elected to distribute pamphlets. Coupled with the amendment of the interim regulations made through this final rulemaking, the Department is also amending the information it provides through its website.

#### Comment

A patient who revokes an out-of-hospital DNR order should be required to apprise the attending physician who issued the order that the order has been revoked. *Response* 

The Department has made no change to the regulations based upon this comment.

The DNR Act provides that the patient or surrogate may revoke an order at any time, "and in any manner, including verbally or by destroying or not displaying the order, bracelet or necklace." See 20 Pa.C.S. § 54A05(c) (relating to revocation). The statute does not make revocation contingent upon the patient or surrogate notifying the patient's attending physician, and the Department may not impose this additional requirement by regulation.

The Department agrees that a patient or the patient's surrogate should keep the attending physician informed of decisions made to revoke the order, but this is not always feasible or practical. A patient or surrogate may decide to revoke the order one day by not displaying any of the out-of-hospital DNR items or by simply declaring that the order is revoked, and then change his mind the next day. As long as the patient or surrogate does not destroy all of the out-of-hospital DNR items that have been issued by the attending physician, that person may reinstate the order simply by displaying one of the items again. Certainly, however, nothing prevents the issuing physician from advising the patient and surrogate that he should contact the physician if the decision is made to revoke the order.

#### Comment

Whether or not the patient chooses to display a bracelet or necklace should be of no concern to the attending physician.

#### Response

The Department has made no change to the regulations based upon this comment.

The Department agrees. In the context of these regulations this should not be a concern of the physician. The regulations impose no requirement on the physician to keep abreast of whether the patient is or is not wearing or displaying a DNR item.

#### Comment

Why do proposed §§ 1051.23(9) and 1051.24(5) not require the attending physician to apprise the patient and surrogate that the physician will contact the patient or surrogate if the physician discovers that the diagnosis of a terminal condition was in error? If the premise for an out-of-hospital DNR order is in error, a mere "attempt" to

notify the patient or surrogate, as would be required by the proposed regulations, may not sufficiently protect the patient. This comment also applies to § 1051.29 (relating to duty to contact patient or surrogate).

#### Response

In response to this comment, the Department has amended §§ 1051.23(9) and 1051.24(5) to require the physician to disclose that the physician will make every reasonable effort to contact the patient or surrogate in the event the physician discovers that he erred in diagnosing the patient to be permanently unconscious or in a terminal condition. The Department has also amended § 1051.29 to impose the "every reasonable effort" standard upon the attending physician with respect to the physician contacting the patient or surrogate when the physician determines that he erred in making the diagnosis of the patient's condition.

The "every reasonable effort standard" is the same standard 20 Pa.C.S. § 5409(a) (relating to unwillingness to comply; transfer of declarant) imposes on an attending physician to assist a patient to find another physician who will follow the patient's advance directive when the attending physician cannot in good conscience comply with the advance directive. The regulation cannot require the physician to apprise the patient or surrogate that the physician will contact the patient because the physician may not be able to make contact despite the physician's best efforts.

#### Comment

Proposed § 1051.23(5) requires the attending physician to apprise a patient that an out-of-hospital DNR order is not effective when the patient is in a hospital, except under limited circumstances, and to also apprise the patient that a DNR order may be issued for the patient in a hospital in accordance with other procedures. The Department should specify what these procedures are by cross-referencing them or delete the phrase "in accordance with other procedures" from this subsection.

#### Response

The Department has left the phrase in the regulation and has not cross-referenced other procedures. However, the Department has added language to clarify the purpose of the disclosure, which is to convey to the patient that although EMS providers will generally not be able to comply with an out-of-hospital DNR order in a hospital, other avenues to secure a DNR order may exist in a hospital. There are no statutory or regulatory provisions to cross-reference at this time. That does not mean that provisions will not exist in the future. It is possible that a patient's advance directive in a declaration for health care issued under 20 Pa.C.S. §§ 5401—5416 (relating to the Advance Directive for Health Care Act) (ADHCA) may direct that a DNR order be issued that would be effective in a hospital, but the Department has no authority to assert that in its regulations.

### § 1051.26. Physician refusal to issue an out-of-hospital DNR order.

This section prescribes the procedures an attending physician is to follow when the physician is not willing to issue an out-of-hospital DNR order for a patient who qualifies for the order. Under these circumstances, the section requires the physician to make every reasonable effort to assist the patient or surrogate to pursue the matter further with another physician.

#### Comment

Paragraph (2) should be stricken in its entirety. Beyond being overly burdensome, this section could be interpreted to require physicians to counsel patients on receiving a second medical opinion, which implicitly suggests to the patient that the attending physician's opinion should be treated as being suspect. A patient in this Common wealth is already permitted to choose his own physician, and a physician should not be made responsible under any circumstances to require that his patient be referred to another physician for a second medical opinion.

#### Response

The Department has not removed the paragraph, but in response to the comment has revised the regulation to clarify that there is no duty to refer the patient to another physician when the reason the physician will not issue the order is that the person is not qualified to request it, or the physician had determined that the patient is not in a terminal condition or permanently unconscious.

Proposed paragraph (2) was not intended to convey the message described in the comment. The Department believes that nothing in the proposed paragraph suggests that a physician refer a patient to another physician for a second opinion if the physician determines that the patient is not permanently unconscious or in a terminal condition. However, the Department has revised the regulation to clarify this. Also, expressly excluded from the referral provision is any duty to refer when the patient's surrogate and the attending physician cannot agree on the information the physician is to provide to the patient when the surrogate has requested the order.

The regulation conveys that the attending physician may, for any reason, choose not to issue an out-of-hospital DNR order for a patient who qualifies for the order. The physician may have a conscientious objection to issuing an out-of-hospital DNR order for a patient notwithstanding the physician's diagnosis that the patient is permanently unconscious or in a terminal condition, or there may be some other reason. The regulation does not seek to limit the reasons for an attending physician's decision not to issue an out-of-hospital DNR order for a patient who is qualified to receive the order.

Nevertheless, the Department believes an attending physician has a responsibility to the patient that goes beyond a refusal to issue an out-of-hospital DNR order. If the patient or the patient's surrogate comes to the physician for the purpose of seeking an order, and the physician determines the patient is qualified to receive the order but the physician is unwilling to issue it, the Department believes that the physician should refer the patient or patient's surrogate to another physician who will issue the order requested.

It is rare for a statute to limit a patient's right to secure a service from only the patient's attending physician. Due to this extraordinary feature, some patients who qualify for an out-of-hospital DNR order may not know how to next proceed if the patient's attending physician refuses to issue the order, or may incorrectly believe that the only way to secure an order is to discontinue the physician-patient relationship with that physician and seek a new exclusive attending physician.

The Department believes that a physician who refuses to issue an out-of-hospital DNR order for a patient who is qualified to receive the order has a fiduciary responsibility to the patient to explain why the patient will not be able to secure the order from the physician, and to advise that the patient may secure the service from another physician who qualifies as the patient's attending physician. The Department further believes that the physician's fiduciary responsibility to the patient requires the physician to offer the physician's assistance in finding another physician who will provide a service to which the patient is entitled by statute, but which that physician is unwilling to provide. This type of fiduciary duty is expressly imposed upon an attending physician under the ADHCA when the attending physician refuses to comply with the patient's health care choices in a declaration containing an advance directive for health care. That provision states as follows:

If an attending physician ... cannot in good conscience comply with a declaration ... the attending physician shall so inform the declarant .... The attending physician ... shall make every reasonable effort to assist in the transfer of the declarant to another physician ... who will comply with the declaration.

#### 20 Pa.C.S. § 5409(a).

A patient's attending physician should have no less responsibility when the physician is unwilling to comply with a patient's or surrogate's choice that the physician issue an out-of-hospital DNR order for the patient when the patient qualifies for the order.

#### Comment

To what degree is a physician required to assist a patient to obtain an out-of-hospital DNR order from another physician? Will a referral be sufficient?

#### Response

In response to this comment, the regulation has been amended to impose the same standard for referral as 20 Pa.C.S. § 5409(a) imposes upon an attending physician who refuses to comply with advance directives for health care a patient makes in a declaration prepared under the ADHCA.

§ 1051.30. Physician destruction of out-of-hospital DNR order, bracelet or necklace.

This section addresses an attending physician's duty to destroy out-of-hospital DNR items returned to the physician following a physician's disclosure to the patient or the patient's surrogate that the physician made an error in the diagnosis, or to confirm the destruction of the out-of-hospital DNR items if the physician is unable to retrieve the items following the disclosure.

#### Comment

The preamble to the proposed regulations stated that the physician needs to secure confirmation of the destruction of the out-of-hospital DNR items from a reliable person before recording the revocation of the out-of-hospital DNR order in the patient's medical record. However, the word "reliable" was not included in the text of the proposed regulation. The final regulation should be revised to prohibit physician notation of the revocation in the patient's record unless the physician destroys the items or secured confirmation of the revocation from a "reliable" source, and the term "reliable person" should be defined in the definitions section.

#### Response

The Department agrees with the comment as it relates to this section and has revised the regulation as suggested. The Department has not added the definition of "reliable person" in § 1051.2 (relating to definitions). The attending physician will need to make the determination,

on a case-by-case basis, of whether the destruction of the items has been confirmed by a reliable person. That determination will be somewhat subjective since it will apply the physician's own value system as to who the physician can depend upon to provide the physician with a truthful confirmation that the out-of-hospital DNR items have been destroyed.

§ 1051.51. Implementation of out-of-hospital DNR order.

This section deals with EMS provider compliance with out-of-hospital DNR orders.

#### Comment

Why is an EMS provider required to follow only a DNR item that includes the original signature of the attending physician? Also, how can the EMS provider readily determine if the items contain original signatures? The last sentence of subsection (a) should be revised as follows:

When an EMS provider observes an out-of-hospital DNR order without also observing an out-of-hospital DNR bracelet or necklace, the EMS provider shall implement the out-of-hospital DNR order only if it contains original signatures or an unaltered copy thereof.

The requirement for honoring an order only if it contains original signatures is not authorized by the act and creates unnecessary difficulties for the EMS providers

Act 59 omitted a provision in 20 Pa.C.S. § 5413 (relating to emergency medical services) requiring "(a)n original declaration, signed by the declarant or other authorized person" to make a DNR order operative. This omitted language is replaced by a general rule requiring EMS providers to comply with the instructions of the medical command physician. The medical command physician may instruct EMS providers to "withhold or discontinue cardiopulmonary resuscitation for a declarant whose advance directive has become operative under section 5405 (relating to when the declaration becomes operative)." Under 20 Pa.C.S. § 5405 (relating to when declaration becomes operative), this advance directive becomes operative when the attending physician is provided with a copy. The legislative intent appears to allow copied documents to suffice to make the order operative.

#### Response

The Department disagrees with this interpretation of the DNR Act and the assessment of legislative intent demonstrated by Act 59 and rejects the recommendation.

The DNR Act requires that the order must contain the signature of the patient or the patient's surrogate and the signature of the attending physician. See 20 Pa.C.S. § 54A04(b). The DNR Act also authorizes and requires EMS providers to comply with an out-of-hospital DNR order only "if made aware of the order" by examining the bracelet, necklace or "the order itself." See 20 Pa.C.S. § 54A10(b)(1) (relating to emergency medical services). "The order itself" makes it clear that if the bracelet or necklace is not present, to comply with the out-of-hospital DNR order the EMS provider must observe the original order, not a copy of the order.

The statutory construction argument fails to support a disregard of the unambiguous language in 20 Pa.C.S. § 54A10(b)(1). That argument is based upon amendments to the ADHCA, not the DNR Act. Nevertheless, nothing about the Act 59 amendments to the ADHCA suggests that an EMS provider should be able to comply with an out-of-hospital DNR order by seeing a copy of that order instead of the original.

The amendments to the ADHCA removed one of the two processes that had previously existed under that statute for EMS personnel to follow an advance declaration for health care (which may include all types of health care directives and need not include a DNR directive), and it modified the other process. The removed process was the process authorizing the EMS practitioner to comply with an advance directive after personally observing the original declaration signed by the declarant or an authorized representative and then contacting a medical command physician to secure approval to comply with the advance directive. The amendments did not substitute for this process or amend the second process to permit an EMS provider to act on a copy of an advance directive—it removed an EMS provider's ability to act on any advance directive for health care document, an original or a copy, based upon the provider's observation of the document. This change to the ADHCA cannot be construed to demonstrate a legislative intent that the Act 59 language "examining ... the order itself" in the DNR Act means anything other than what it clearly states.

The policy argument that the EMS practitioner's reliance on a copy makes it easier for the EMS practitioner also fails. As written, the regulation provides that if the EMS practitioner observes the order, bracelet or necklace, the practitioner is to accept that item as a DNR order and follow it. Compliance is made easy; the assessment is simple—if only an order is present comply with it if there is an original dated signature of the physician and do not comply with it if there is no original signature. If the regulation provides that the EMS practitioner does not need to observe an order with an original signature, and may follow an order with an "unaltered copy" of the signature, how would the EMS practitioner determine that a copy of the physician's signature (or even a copy of the patient's or surrogate's signature) is legitimate and has not been impermissibly inserted? Furthermore, what does an "unaltered signature" mean in the context of the regulation? How would the EMS practitioner make the determination that a signature is "unaltered" without observing the original signature? The introduction of the additional language would complicate, not simplify, the EMS provider's determination as to whether the provider should or should not comply with the order.

More importantly, the requirement that the signature be an original protects the patient or surrogate in ensuring that that person's wishes are followed—particularly when, after the order is secured, the patient or surrogate has a change of heart. A patient or surrogate may revoke an out-of-hospital DNR order by simply destroying it or removing it from sight. See 20 Pa.C.S. § 54A05(c). The patient or surrogate need not apprise anyone else of the revocation. In some circumstances, such as when a patient is alone and decides to revoke an out-of-hospital DNR order immediately before losing consciousness, the patient may have no opportunity to communicate that decision to another person.

If there is only one effective order, and the patient or surrogate conceals or destroys it, there is far less opportunity for a mistake to be made than when there are multiple copies that could be relied upon, not all of which the patient or surrogate has destroyed. If copies are available, there is a possibility that someone will intentionally or unwittingly substitute a copy when the original cannot be located because it was revoked, or not remove a copy after the revocation because the person did not know that the order was revoked by the destruction or concealment of the original.

Moreover, it seems clear that the Legislature crafted the DNR Act to protect patients from unscrupulous persons who might seek to hasten a patient's death against the patient's wishes by falsifying or forging an order and signature or hiding the revocation of the order. The DNR Act makes this conduct a criminal homicide if the conduct causes the hastening of the patient's death by the withholding or withdrawal of life-sustaining treatment with the intent to do so contrary to the wishes of the patient. See 20 Pa.C.S. § 54A12 (relating to penalties).

If the patient or the patient's surrogate destroys the original order, and the original order is the only copy of the order that can direct an EMS provider to withhold CPR in the event the patient experiences cardiac or respiratory arrest, it may not be impossible for another person to create a forged original order, but it is certainly more difficult to do that than to illegally manufacture a purported copy of the order or substitute a true copy of the order the patient or the surrogate has acted to revoke.

#### Effective Date/Sunset Date

The regulations are effective upon publication in the *Pennsylvania Bulletin* as final regulations. No sunset date is imposed. The Department will monitor the regulations to ensure that they meet needs that are within the scope of the Department's authority to address through regulations adopted under Act 59.

#### Paperwork

The Department, under a duty imposed upon it by the DNR Act, has already developed an out-of-hospital DNR order form, and the specifications for out-of-hospital DNR bracelets and necklaces, for attending physicians to issue for patients who qualify for those orders. A sample order form may be reviewed by using a link at the Department's website. However, to prevent persons other than physicians from securing the order forms, the website version has been marked as a sample. It cannot be copied and used as an order form. Physicians must secure out-of-hospital DNR order forms from the Department's contracted vendor.

The Department has also developed both an electronic and paper process for physicians to use to secure from the Department's contracted vendor out-of-hospital DNR order forms, bracelets and necklaces. The purchase order form physicians are to use to order out-of-hospital DNR forms, bracelets and necklaces is available through a link to the Department's website. A physician may copy the purchase order form and send it to the vendor by facsimile or regular mail. Purchase order forms may also be secured directly from the vendor. The Department anticipates that it will continue to employ these procedures.

The Department has already completed the paperwork required to contract with a vendor to produce and provide the orders, bracelets and necklaces, and it has contracted with a vendor. It will need to repeat the process from time to time—whenever a contract is about to expire and the Department needs to enter into a new contract or contracts.

The Department has published a notice in the *Pennsylvania Bulletin* identifying the vendor from whom attending physicians may procure out-of-hospital DNR order forms, bracelets and necklaces. The Department will need to publish new notices if new vendors are chosen in the future. The Department will also need to publish notices in the *Pennsylvania Bulletin* identifying states that pro-

vide out-of-hospital DNR orders, bracelets and necklaces that EMS providers are to follow, and describing the acceptable out-of-hospital DNR items.

Physicians are required by the regulations to maintain information in patient medical records regarding the issuance of out-of-hospital DNR items, and they are also required to prepare the paperwork to enable them to secure and provide out-of-hospital DNR items for patients.

#### Financial Impact

While the purpose of the DNR Act and Chapter 1051 is to enable a patient in a terminal condition, or the patient's surrogate, to communicate a decision that directs EMS providers to permit the patient to die with dignity, significant health care cost-savings will often be a collateral benefit. The DNR Act and the regulations will save patients and their families, as well as insurers, the costs of paying for continued patient care when patients who are in a terminal condition or who are permanently unconscious receive unwanted but successful CPR following a cardiac or respiratory arrest, that continues and perpetuates, and sometimes worsens, the patient's poor quality of life. These end-of-life costs can continue to burden the family for several years following a patient's death.

The average annual cost the DNR Act and Chapter 1051 impose over 5 years to the regulated community (attending physicians, patients and surrogates) is projected to be \$18,100. This includes the cost of procuring DNR orders, bracelets and necklaces for distribution in attending physician offices. The current costs are 11¢ for an out-of-hospital DNR order form, \$1.35 for an out-of-hospital DNR necklace and 35¢ for an out-of-hospital DNR bracelet, plus taxes and shipping costs. A minimum order of 50 of an order, bracelet or necklace is required. The average annual costs over 5 years for State government are projected to be \$26,000, which includes development and printing costs for educational materials, training, outreach and travel needed to assist regional EMS councils and practitioners in the implementation of the statute and the regulations.

It is expected that the overall cost-savings in reducing expensive and undesired end-of-life care will offset other costs incurred in implementing the statute and regulations.

#### Statutory Authority

Section 6 of Act 59 provides that the Department shall publish final regulations to assist in the implementation of the DNR Act.

#### Regulatory Review

Under section 5(a) of the Regulatory Review Act (71 P. S. § 745.5(a)), on August 26, 2003, the Department submitted a copy of the notice of proposed rulemaking, published at 33 Pa.B. 4450, to IRRC and the Chairpersons of the House Health and Human Services Committee and the Senate Public Health and Welfare Committee for review and comment.

Under section 5(c) of the Regulatory Review Act, IRRC and the Committees were provided with copies of the comments received during the public comment period, as well as other documents when requested. In preparing the final-form rulemaking, the Department has considered all comments from IRRC, the House and Senate Committees and the public.

Under section 5.1(j.2) of the Regulatory Review Act (71 P. S. § 745.5a(j.2)), on January 7, 2004, the final-form

rulemaking was deemed approved by the House and Senate Committees. Under section 5.1(e) of the Regulatory Review Act, IRRC met on January 8, 2004, and approved the final-form rulemaking. The Office of Attorney General approved the regulations on January 21, 2004.

#### Contact Person

Questions regarding these final regulations may be submitted to Margaret E. Trimble, Director, Emergency Medical Services Office, Department of Health, 1032 Health and Welfare Building, P. O. Box 90, Harrisburg, PA 17108-0090, (717) 787-8740. Persons with disabilities may submit questions in alternative formats, such as by audiotape or Braille. Speech or hearing impaired persons may use V/TT (717) 783-6514 or the Pennsylvania AT&T Relay Services at (800) 654-5984 (TT). Persons with disabilities who would like to obtain this document in an alternative format (that is, large print, audiotape or Braille) should contact Margaret E. Trimble so that necessary arrangements may be made.

#### **Findings**

The Department finds:

- (1) Public notice of intention to adopt the regulations adopted by this order has been given under sections 201 and 202 of the act of July 31, 1968 (P. L. 769, No. 240) (45 P. S. §§ 1201 and 1202), and the regulations thereunder, 1 Pa. Code §§ 7.1 and 7.2.
- (2) A public comment period was provided as required by law and all comments were considered and forwarded to IRRC, the House Committee on Health and Human Services and the Senate Committee on Public Health and Welfare.
- (3) The adoption of the final-form regulations is necessary and appropriate for the administration of the authorizing statute.

#### Order

The Department, acting under the authorizing statute, orders that:

(a) The regulations of the Department, 28 Pa. Code, Part VII, Emergency Medical Services, are amended by dividing 28 Pa. Code Part VII (relating to emergency medical services) into Subpart A (relating to emergency medical services systems) and Subpart B (relating to matters ancillary to emergency medical services systems), amending §§ 1001.1—1001.5, 1003.27, 1005.3, 1005.10 and 1007.7 and by amending §§ 1051.1—1051.3, 1051.11—1051.31, 1051.21—1051.30, 1051.51, 1051.52, 1051.61, 1051.81 and 1051.101 to read as set forth in Annex A, with ellipses referring to the existing text of the regulations.

(*Editor's Note*: This document formally adopts the interim retgulations which appeared at  $32\ Pa.B.\ 6117$ , effective March 1, 2003; and then proposed at  $33\ Pa.B.\ 4450$  (September 6, 2003).)

- (b) The Secretary of Health shall submit this order and Annex A to the Office of General Counsel and the Office of Attorney General for approval as required by law.
- (c) The Secretary of Health shall submit this order, Annex A and a Regulatory Analysis Form to IRRC, the House Committee on Health and Human Services and the Senate Committee on Public Health and Welfare for their review and action as required by law.
- (d) The Secretary of Health shall certify this order and Annex A and deposit them with the Legislative Reference Bureau as required by law.

(e) This order shall take effect upon publication in the *Pennsylvania Bulletin*.

CALVIN B. JOHNSON, M.D., M.P.H.,

Secretary

(*Editor's Note*: For the text of the order of the Independent Regulatory Review Commission, relating to this document, see 33 Pa.B. 536 (January 24, 2004).)

**Fiscal Note:** 10-174. (1) General Fund; (2) Implementing Year 2002-03 is \$13,000; (3) 1st Succeeding Year 2003-04 is \$26,000; 2nd Succeeding Year 2004-05 is \$26,000; 3rd Succeeding Year 2005-06 is \$26,000; 4th Succeeding Year is 2006-07 is \$26,000; 5th Succeeding Year 2007-08 is \$26,000; (4) 2001-02 Program—\$29,353,000; 2000-01 Program—\$27,453,000; 1999-00 Program—\$24,250,000; (7) General Government Operations; (8) recommends adoption. The costs implement the requirements of Act 59 of 2002. These amounts are included in the 2002-03 and 2003-04 budgets.

#### Annex A

# TITLE 28. HEALTH AND SAFETY PART VII. EMERGENCY MEDICAL SERVICES Subpart A. EMERGENCY MEDICAL SERVICES SYSTEMS

### CHAPTER 1001. ADMINISTRATION OF THE EMS SYSTEM

### Subchapter A. GENERAL PROVISIONS GENERAL INFORMATION

#### § 1001.1. Purpose.

The purpose of this subpart is to plan, guide, assist and coordinate the development of regional EMS systems into a unified Statewide system and to coordinate the system with similar systems in neighboring states, and to otherwise implement the Department's responsibilities under the act consistent with the Department's rulemaking authority.

#### § 1001.2. Definitions.

The following words and terms, when used in this subpart, have the following meanings, unless the context clearly indicates otherwise:

\* \* \* \* \*

#### § 1001.3. Applicability.

This subpart affects regional EMS councils, the Council, other entities desiring to receive funding from the Department or the regional EMS councils for the provision of EMS, ALS and BLS ambulance services, QRSs, instructors and institutes involved in the training of prehospital personnel including EMTs, EMT-paramedics, first responders, ambulance attendants and health professionals, and trauma centers and local governments involved in the administration and support of EMS.

#### § 1001.4. Exceptions.

- (a) The Department may grant exceptions to, and departures from, this subpart when the policy objectives and intentions of this subpart are otherwise met or when compliance would create an unreasonable hardship, but would not impair the health, safety or welfare of the public. No exceptions or departures from this subpart will be granted if compliance with the standard is required by statute.
- (b) Requests for exceptions to this subpart shall be made in writing to the Department. The requests, whether approved or not approved, will be documented

and retained on file by the Department. Approved requests shall be retained on file by the applicant during the period the exception remains in effect.

- (c) A granted request will specify the period during which the exception is operative. Exceptions may be reviewed or extended if the reasons for the original exception continue.
- (d) An exception granted may be revoked by the Department for just cause. Just cause includes, but is not limited to, failure to meet the conditions for the exception. Notice of the revocation will be in writing and will include the reason for the action of the Department and a specific date upon which the exception will be terminated.
- (e) In revoking an exception, the Department will provide for a reasonable time between the date of the written notice or revocation and the date of termination of an exception for the holder of the exception to come into compliance with this subpart. Failure to comply after the specified date may result in enforcement proceedings.
- (f) The Department may, on its own initiative, grant an exception to this subpart if the requirements of subsection (a) are satisfied.

#### § 1001.5. Investigation.

The Department may investigate any person, entity or activity for compliance with the act and this subpart.

#### **CHAPTER 1003. PERSONNEL**

#### Subchapter B. PREHOSPITAL EMS PERSONNEL

#### § 1003.27. Disciplinary and corrective action.

(a) The Department may, upon investigation, hearing and disposition, impose upon prehospital personnel who are certified or recognized by the Department one or more of the disciplinary or corrective measures in subsection (c) for one or more of the following reasons:

\* \* \* \* \*

(20) Violating a duty imposed by the act, this subpart or an order of the Department previously entered in a disciplinary proceeding.

\* \* \* \* \*

### CHAPTER 1005. LICENSING OF BLS AND ALS GROUND AMBULANCE SERVICES

#### § 1005.3. Right to enter, inspect and obtain records.

(a) Upon the request of an employee or agent of the Department during regular and usual business hours, or at other times when that person possesses a reasonable belief that violations of this subpart may exist, a licensee shall:

\* \* \* \* \*

### § 1005.10. Licensure and general operating standards.

\* \* \* \* \*

(l) Policies and procedures. An ambulance service shall maintain written policies and procedures addressing each of the requirements imposed by this section, as well as the requirements imposed by §§ 1001.41, 1001.42, 1001.65, 1005.11 and Chapter 1051 (relating to out-of-hospital do-not-resuscitate orders), and shall also maintain written policies and procedures addressing infection control, management of personnel safety, substance abuse in the workplace, and the placement and operation of its ambulances.

### CHAPTER 1007. LICENSING OF AIR AMBULANCE SERVICES—ROTORCRAFT

### § 1007.7. Licensure and general operating standards.

\* \* \* \* \*

(n) Policies and procedures. An air ambulance service shall maintain written policies and procedures addressing each of the requirements imposed by this section, as well as the requirements imposed by §§ 1001.41, 1001.42, 1001.65 (relating to data and information requirements for ambulance services; dissemination of information; and cooperation) and Chapter 1051 (relating to out-of-hospital do-not-resuscitate orders) and shall also maintain written policies and procedures addressing infection control, management of personnel safety, substance abuse in the workplace, and the placement and operation of its air ambulances.

### Subpart B. MATTERS ANCILLARY TO EMERGENCY MEDICAL SERVICES SYSTEMS

#### CHAPTER 1051. OUT-OF-HOSPITAL DO-NOT-RESUSCITATE ORDERS

#### **GENERAL PROVISIONS**

#### § 1051.1. Purpose.

This chapter provides standards for the issuance and revocation of out-of-hospital DNR orders and compliance with those orders. An additional purpose of this chapter is to address how health care providers are to deal with orders or directions to not provide life-sustaining treatment, CPR, nutrition or hydration to a pregnant woman.

#### § 1051.2. Definitions.

The following words and terms, when used in this chapter, have the following meanings, unless the context clearly indicates otherwise:

Advance directive—A directive for health care in a declaration issued under 20 Pa.C.S. Chapter 54 (relating to the Advance Directive for Health Care Act).

Attending physician—A physician who has primary responsibility for the medical care and treatment of a patient. A patient may have more than one attending physician.

CPR—Cardiopulmonary resuscitation—Cardiac compression, invasive airway techniques, artificial ventilation, defibrillation and other related procedures used to resuscitate a patient or to prolong the life of a patient.

DNR—Do not resuscitate.

*Declarant*—As defined in 20 Pa.C.S. § 5403 (relating to definitions).

Declaration—As defined in 20 Pa.C.S. § 5403.

Department—The Department of Health of the Commonwealth.

EMS personnel—Emergency medical services personnel—Prehospital personnel and individuals given good Samaritan civil immunity protection when using an automated external defibrillator under 42 Pa.C.S. § 8331.2 (relating to good Samaritan civil immunity for use of automated external defibrillators).

EMS provider—Emergency medical services provider—EMS personnel, a medical command physician and, as defined in § 1001.2 (relating to definitions), an advance life support service medical director, medical command facility medical director, medical command facility, ambulance service and quick response service.

*Health care provider*—A person who is licensed, certified or otherwise authorized to administer health care in the ordinary course of a business or practice of a profession. The term includes EMS providers.

*Invasive airway technique*—Any advanced airway technique, including endotracheal intubation.

Life-sustaining treatment—

- (i) A medical procedure or intervention that, when administered to a patient, will serve only to prolong the process of dying or to maintain the patient in a state of permanent unconsciousness.
- (ii) The term includes nutrition and hydration administered by gastric tube or intravenously or any other artificial or invasive means if the order of the patient so specifically provides.

*Medical command physician*—A physician who is approved by a regional emergency medical services council to provide medical command.

Out-of-hospital DNR bracelet—A bracelet which signifies that an out-of-hospital DNR order has been issued.

Out-of-hospital DNR necklace—A necklace which signifies that an out-of-hospital DNR order has been issued.

Out-of-hospital DNR order—A written order, the form for which is supplied by the Department or its designee under this chapter, that is issued by an attending physician and directs EMS providers to withhold CPR from the patient in the event of cardiac or respiratory arrest.

Out-of-hospital DNR patient—A patient for whom an attending physician has issued an out-of-hospital DNR order.

Patient—One of the following:

- (i) An individual who is in a terminal condition.
- (ii) A declarant whose declaration has become operative under 20 Pa.C.S. § 5405(2) (relating to when declaration becomes operative) and which provides that CPR may not be provided in the event of the declarant's cardiac or respiratory arrest if the declarant becomes permanently unconscious, or designates a surrogate to make that decision under those circumstances.

Permanently unconscious—

- (i) A medical condition that has been diagnosed in accordance with currently accepted medical standards and with reasonable medical certainty as total and irreversible loss of consciousness and capacity for interaction with the environment.
- (ii) The term includes, without limitation, a persistent vegetative state or irreversible coma.

*Person*—An individual, corporation, partnership, association or Federal, State or local government or governmental agency.

*Physician*—An individual who has a currently registered license to practice medicine or osteopathic medicine in this Commonwealth.

*Prehospital personnel*—The term includes any of the following prehospital practitioners:

- (i) Ambulance attendants.
- (ii) First responders.
- (iii) Emergency medical technicians (EMTs).
- (iv) EMT-paramedics.
- (v) Prehospital registered nurses.

(vi) Health professional physicians.

Surrogate—An individual who has, or individuals who collectively have, legal authority to request an out-of-hospital DNR order for another individual or to revoke that order.

Terminal condition—An incurable and irreversible medical condition in an advanced state caused by injury, disease or physical illness which will, in the opinion of the attending physician, to a reasonable degree of medical certainty, result in death regardless of the continued application of life-sustaining treatment.

#### § 1051.3. Applicability.

- (a) This chapter applies to the following:
- (1) Health care providers.
- (2) Attending physicians.
- (3) Patients.
- (4) Surrogates.
- (b) This chapter neither compels nor prohibits health care provider compliance with an out-of-hospital DNR order in a hospital, except that in a hospital an EMS provider shall comply with an out-of-hospital DNR order in the course of providing care to or transportation of an out-of-hospital DNR patient on behalf of an ambulance service.
- (c) This chapter does not regulate the issuance of or compliance with a DNR order issued in a hospital to be followed in that hospital.
- (d) This chapter permits EMS providers to comply with out-of-hospital DNR orders in all settings other than a hospital, except as set forth in subsection (b), including personal care facilities and all other health care facilities.

### PATIENT AND SURROGATE RIGHTS AND RESPONSIBILITIES

### § 1051.11. Patient qualifications to request and revoke out-of-hospital DNR order.

- (a) Patient requesting an out-of-hospital DNR order. A patient may request and receive an out-of-hospital DNR order from the patient's attending physician if the patient has a terminal condition and the patient is at least 18 years of age, has graduated from high school, has married or is emancipated.
- (b) Patient revoking an out-of-hospital DNR order. An out-of-hospital DNR patient, regardless of age or physical or mental condition, may revoke an out-of-hospital DNR order issued for the out-of-hospital DNR patient whether the order was issued pursuant to the request of the patient or the patient's surrogate.

### § 1051.12. Surrogate's authority to request and revoke out-of-hospital DNR order.

- (a) Surrogate requesting an out-of-hospital DNR order. The surrogate of a patient may request and receive from the patient's attending physician an out-of-hospital DNR order for the patient, regardless of the patient's age or other physical or mental condition.
- (b) Surrogate revoking an out-of-hospital DNR order. A patient's surrogate may revoke an out-of-hospital DNR order for the patient if the out-of-hospital DNR order was issued at the request of a surrogate.

### § 1051.13. Duties when person loses authority to function as a surrogate.

(a) No authority to revoke out-of-hospital DNR order. A person who acted as a patient's surrogate when request-

- ing an out-of-hospital DNR order for the patient may not revoke the out-of-hospital DNR order if the person loses the legal authority to serve as the patient's surrogate.
- (b) Duty when person loses surrogate status. If capable of doing so, a person who loses the authority to act as a patient's surrogate after the person obtained an out-of-hospital DNR order for the patient shall apprise a replacement surrogate, if any, of the patient's out-ofhospital DNR items and of other pertinent information relating to those items. The former surrogate shall also provide to the replacement surrogate or to the patient if the patient is no longer represented by a surrogate, the name of the physician who issued the out-of-hospital DNR order and any information the person has to help the patient or new surrogate locate the physician. The former surrogate, if capable of doing so, shall also make a reasonable effort to apprise the physician who issued the out-of-hospital DNR order of the change in that person's status, as well as the name of the person, if any, who replaced that person as the patient's surrogate and any information the former surrogate has to help the physician locate the patient and the patient's current surrogate.
- (c) Duty when contacted by physician. If a patient's former surrogate did not attempt to contact the patient's attending physician as required by subsection (b), or made the attempt but was unsuccessful, and is contacted by the patient's attending physician for the purpose of communicating information regarding the patient, the patient's former surrogate shall apprise the physician that the person is no longer the patient's surrogate and provide the physician any information the former surrogate has to help the physician locate the patient or the patient's current surrogate.
- (d) Duty of replacement surrogate. A person who replaces another person as the patient's surrogate after an out-of-hospital DNR order has been issued for the patient, and who is made aware of the order and given information regarding the attending physician who issued the order, shall make a reasonable effort to contact the physician to apprise the physician of the change in surrogates unless the new surrogate is able to confirm that the former surrogate has already made the disclosure.

#### ATTENDING PHYSICIAN RESPONSIBILITIES

### § 1051.21. Securing out-of-hospital DNR orders, bracelets and necklaces.

- (a) Securing order forms. A physician or the physician's agent may secure out-of-hospital DNR order forms from the Department unless the Department has contracted with a vendor to provide the order forms, in which case the physician shall secure the order forms by purchasing them from the contracted vendor.
- (b) Securing bracelets and necklaces. A physician may secure out-of-hospital DNR bracelets and necklaces by purchasing them from the vendor with which the Department has contracted to produce the bracelets and necklaces.
- (c) *Vendors.* The Department will publish in a *Pennsylvania Bulletin* notice the name and address of the vendors with which it has contracted under this section and publish superseding *Pennsylvania Bulletin* notices when there are vendor changes.

#### § 1051.22. Issuance of out-of-hospital DNR order.

(a) Authority to issue. A patient's attending physician shall issue an out-of-hospital DNR order for the patient if

the patient who is qualified to request the order under § 1051.11(a) (relating to patient qualifications to request and revoke out-of-hospital DNR order) or the patient's surrogate requests the attending physician to issue an out-of-hospital DNR order for the patient and the attending physician determines that the patient has a terminal condition or is permanently unconscious.

- (b) Review of order before signing. Before completing, signing and dating an out-of-hospital DNR order, a patient's attending physician shall ensure that the patient is identified in the order, that all other provisions of the order have been completed, and that the patient or the patient's surrogate, as applicable, has signed the order
- (c) *Order form.* A patient's attending physician shall issue an out-of-hospital DNR order for the patient only on a form provided by the Department or its designee.

#### § 1051.23. Disclosures to patient requesting out-ofhospital DNR order.

When a patient qualified under § 1051.11(a) (relating to patient qualifications to request and revoke out-of-hospital DNR order) requests an out-of-hospital DNR order, the attending physician shall disclose the following information to the patient before issuing an out-of-hospital DNR order for the patient:

- (1) The diagnosed condition is a terminal condition.
- (2) An out-of-hospital DNR order directs an EMS provider to withhold providing CPR to the patient in the event of the patient's cardiac or respiratory arrest.
- (3) The attending physician may also issue an out-of-hospital DNR bracelet or necklace for the patient, and that the necklace and bracelet also direct an EMS provider to withhold providing CPR in the event of the patient's cardiac or respiratory arrest.
- (4) An out-of-hospital DNR order, bracelet or necklace requested by a patient is effective only when the patient possesses and displays the order, bracelet or necklace.
- (5) An out-of-hospital DNR order is not effective when the patient is in a hospital, unless an EMS provider has been dispatched to provide EMS to the patient in the hospital, but it may be possible for a DNR order to be issued for the patient in a hospital in accordance with other procedures.
- (6) The patient may revoke the out-of-hospital DNR order; the patient may do so without the physician's approval or knowledge; revocation may be accomplished by destroying or not displaying the order, bracelet or necklace, or by conveying the decision to revoke the out-of-hospital DNR order verbally or otherwise at the time the patient experiences respiratory or cardiac arrest; and neither the patient's physical nor mental condition will be considered to void the patient's decision to revoke the out-of-hospital DNR order if that decision is clearly communicated in some manner.
- (7) The possibility exists that the EMS provider may administer CPR in the event of the patient's cardiac or respiratory arrest if an EMS provider is uncertain regarding the validity or applicability of the out-of-hospital DNR order, bracelet or necklace.
- (8) An EMS provider who complies with the patient's out-of-hospital DNR order may provide other medical interventions to the patient to provide comfort or alleviate pain.

- (9) The physician will make every reasonable effort to contact the patient to ask the patient to return the out-of-hospital DNR order, bracelet and necklace to the physician, for destruction by the physician, if the physician discovers that the diagnosis of the terminal condition was in error.
- (10) If the patient is female, there are additional procedures that an EMS provider will need to follow to implement an out-of-hospital DNR order if the patient is pregnant at the time of cardiac or respiratory arrest. If the patient is pregnant or requests information regarding the additional procedures, the physician shall explain the requirements of § 1051.61 (relating to pregnant patients).

#### § 1051.24. Disclosures to surrogate requesting outof-hospital DNR order.

Before issuing an out-of-hospital DNR order for a patient that is requested by the patient's surrogate, the attending physician shall disclose the following information to the surrogate:

- (1) The diagnosed condition is a terminal condition or that the physician has diagnosed the patient to be permanently unconscious.
- (2) The disclosures required by § 1051.23(2), (3), (5), (7) and (8) (relating to disclosures to patient requesting out-of-hospital DNR order).
- (3) An out-of-hospital DNR order, bracelet or necklace requested by the surrogate is effective only when the order, bracelet or necklace is displayed with the patient or the surrogate presents the order to the EMS provider at the time the patient experiences cardiac or respiratory arrest.
- (4) The patient or surrogate may revoke the out-ofhospital DNR order; the patient or surrogate may do so without the physician's approval or knowledge; revocation may be accomplished by destroying or not displaying the order, bracelet or necklace, or by conveying the decision to revoke the out-of-hospital DNR order verbally or otherwise at the time the patient experiences cardiac or respiratory arrest; and neither the physical nor mental condition of the patient will be considered to void the decision of the patient or surrogate to revoke the out-ofhospital DNR order if that decision is clearly communicated in some manner. The physician shall also apprise the surrogate, if it seems appropriate under the circumstances, that the power of the surrogate to revoke the out-of-hospital DNR order for the patient will terminate if the surrogate loses the legal authority to make that decision.
- (5) The physician will make every reasonable effort to contact the surrogate to ask the surrogate to return the out-of-hospital DNR order, bracelet and necklace to the physician, for destruction by the physician, if the physician discovers that the diagnosis of the terminal condition or that the patient is permanently unconscious was in error.
- (6) If the patient is female, there are additional procedures that an EMS provider will need to follow to implement an out-of-hospital DNR order if the patient is pregnant at the time of cardiac or respiratory arrest. If the patient is pregnant or the patient's surrogate requests information regarding the additional procedures, the physician shall explain the requirements of § 1051.61 (relating to pregnant patients).

### § 1051.25. Disclosures to patient when surrogate requests out-of-hospital DNR order.

Before issuing an out-of-hospital DNR order for a patient that is requested by the patient's surrogate, the attending physician shall disclose to the patient the information in § 1051.23 (relating to disclosures to patient requesting out-of-hospital DNR order) that the physician in good faith believes the patient needs to have to make a future decision to revoke or not revoke the order. In making this assessment, the physician shall consult with the patient's surrogate and consider factors such as the reason the patient is not able to request an out-of-hospital DNR order, the patient's ability to comprehend and retain the information, and the patient's age and maturity. The attending physician shall refuse to issue the order if the physician and surrogate cannot agree to the information that is to be disclosed to the patient by the physician.

#### § 1051.26. Physician refusal to issue an out-ofhospital DNR order.

An attending physician who is not willing to issue an out-of-hospital DNR order for a reason other than described in § 1051.25 (relating to disclosures to patient when surrogate requests out-of-hospital DNR order) shall explain the reason to the patient or the patient's surrogate, as appropriate. If the request is made by a patient's surrogate, or by a patient who qualifies to make the request under § 1051.11 (relating to patient qualifications to request and revoke out-of-hospital DNR order), and the physician determines that the patient is qualified to receive an out-of-hospital DNR order, the physician shall also do the following:

- (1) Explain to the patient or surrogate that an out-of-hospital DNR order may be issued only by a physician who has primary responsibility for the treatment and care of a patient.
- (2) Make every reasonable effort to assist the patient or surrogate to secure the services of another physician who is willing to issue an out-of-hospital DNR order for the patient and who will undertake primary responsibility for the treatment and care of the patient in addition to or instead of the attending physician, as the patient or surrogate chooses.

### § 1051.27. Providing out-of-hospital DNR bracelet or necklace.

- (a) Bracelet and necklace. A patient's attending physician may provide to the patient, or to the patient's surrogate for the patient, an out-of-hospital DNR bracelet or necklace, or both, if the physician has issued or is issuing an out-of-hospital DNR order for the patient and the patient or the surrogate requests the item.
- (b) Order also required. A patient's attending physician may not provide an out-of-hospital DNR bracelet or necklace for the patient without also issuing, or having issued, an out-of-hospital DNR order for the patient.
- (c) Department vendor. A patient's attending physician may provide to or for the patient only an out-of-hospital DNR bracelet or necklace produced by a vendor with which the Department has contracted to produce the bracelet or necklace.

#### § 1051.28. Documentation.

An attending physician who issues an out-of-hospital DNR order for a patient shall maintain a copy of that order in the patient's medical record and shall document in that order whether the physician also provided an

out-of-hospital DNR bracelet or necklace, or both. If the attending physician provides an out-of-hospital DNR bracelet or necklace after issuing the out-of-hospital DNR order, the physician shall document the patient's medical record to reflect that the bracelet or necklace was also provided for the patient.

#### § 1051.29. Duty to contact patient or surrogate.

If a physician who issued an out-of-hospital DNR order for the patient subsequently determines that the diagnosis that the patient is in a terminal condition or is permanently unconscious was in error, the physician shall make every reasonable effort to promptly contact the patient or the patient's surrogate to disclose the error. The physician shall also request the return of the order, and the bracelet and necklace if the physician provided those items.

### § 1051.30. Physician destruction of out-of-hospital DNR order, bracelet or necklace.

- (a) Destruction of order, bracelet and necklace. A physician shall destroy an out-of-hospital DNR order, bracelet or necklace returned to the physician under § 1051.29 (relating to duty to contact patient or surrogate), as follows:
- (1) The physician shall shred or otherwise destroy beyond identification the original order and mark all copies of the order in the physician's possession as having been revoked.
- (2) The physician shall cut the bracelet or necklace pendant in half or take other action that renders the bracelet or necklace incapable of being used again as an out-of-hospital DNR bracelet or necklace.
- (b) Documentation of order when items not destroyed. A physician who requests the return of an out-of-hospital DNR order, bracelet or necklace under § 1051.29 may not mark copies of the order in the physician's possession as having been revoked without having destroyed, or confirmed from a reliable person the destruction of the original out-of-hospital DNR order and any out-of-hospital DNR bracelet or necklace the physician provided for the patient.

#### EMS PROVIDER RESPONSIBILITIES

### § 1051.51. Implementation of out-of-hospital DNR order.

- (a) Display of order, bracelet or necklace. An EMS provider may not provide CPR to a patient who is experiencing cardiac or respiratory arrest if an out-of-hospital DNR order, bracelet, or necklace is displayed with the patient or the patient's surrogate presents the EMS provider with an out-of-hospital DNR order for the patient, and neither the patient nor the patient's surrogate acts to revoke the order at that time. When an EMS provider observes an out-of-hospital DNR order without also observing an out-of-hospital DNR bracelet or necklace, the EMS provider shall implement the out-of-hospital DNR order only if it contains original signatures.
- (b) *Discovery after CPR initiated.* If after initiating CPR an EMS provider becomes aware of an out-of-hospital DNR order that is effective under subsection (a), the EMS provider shall discontinue CPR.
- (c) Prehospital practitioner uncertainty. If a prehospital practitioner is uncertain as to whether an out-of-hospital DNR order has been revoked for a patient who is experiencing cardiac or respiratory arrest, the prehospital practitioner shall provide CPR to the patient subject to the following:

- (1) If the prehospital practitioner is in contact with a medical command physician prior to initiating CPR, the prehospital practitioner shall initiate or not initiate CPR as directed by the medical command physician.
- (2) If the prehospital practitioner is in contact with a medical command physician after initiating CPR, the prehospital practitioner shall continue or not continue CPR as directed by the medical command physician.
- (d) Discontinuation of CPR not initiated by prehospital practitioner. If CPR had been initiated for the patient before a prehospital practitioner arrived at the scene, and the prehospital practitioner determines that an out-of-hospital DNR order is effective under subsection (a), the prehospital practitioner may not discontinue the CPR without being directed to do so by a medical command physician.
- (e) AED good Samaritan. If an individual who is given good Samaritan civil immunity protection when using an automated external defibrillator (AED) under 42 Pa.C.S. § 8331.2 (relating to good Samaritan civil immunity for use of automated external defibrillators) is uncertain as to whether an out-of-hospital DNR order has been revoked for a patient who is experiencing cardiac arrest, the individual may provide CPR to the patient as permitted by 42 Pa.C.S. § 8331.2, but shall discontinue CPR if directed by a medical command physician directly or as relayed by a prehospital practitioner.
- (f) Providing comfort and alleviating pain. When a prehospital practitioner complies with an out-of-hospital DNR order, the prehospital practitioner, within the practitioner's scope of practice, shall provide other medical interventions necessary and appropriate to provide comfort to the patient and alleviate the patient's pain, unless otherwise directed by the patient or the prehospital practitioner's medical command physician.

### § 1051.52. Procedure when both advance directive and out-of-hospital DNR order are present.

If a patient with cardiac or respiratory arrest has both an advance directive directing that no CPR be provided and an out-of-hospital DNR order, an EMS provider shall comply with the out-of-hospital DNR order as set forth in § 1051.51 (relating to implementation of an out-of-hospital DNR order).

#### PREGNANT PATIENTS

#### § 1051.61. Pregnant patients.

Notwithstanding the existence of an order or direction to the contrary, life-sustaining treatment, CPR, nutrition and hydration shall be provided to a pregnant patient by a health care provider unless, to a reasonable degree of medical certainty as certified on the patient's medical record by the patient's attending physician and a second physician who is an obstetrician who has examined the patient, life-sustaining treatment, nutrition and hydration will have one of the following consequences:

- (1) They will not maintain the pregnant patient in such a way as to permit the continuing development and live birth of the unborn child.
- (2) They will be physically harmful to the pregnant patient.
- (3) They will cause pain to the pregnant patient which cannot be alleviated by medication.

### MEDICAL COMMAND PHYSICIAN RESPONSIBILITIES

### § 1051.81. Medical command physician responsibilities.

- (a) Compliance with out-of-hospital DNR order. If a medical command physician is in contact with a prehospital practitioner when the prehospital practitioner is attending to a patient in cardiac or respiratory arrest and the prehospital practitioner is made aware of an out-of-hospital DNR order for the patient by examining an out-of-hospital DNR order, bracelet or necklace, the medical command physician shall honor the out-of-hospital DNR order. If appropriate, the medical command physician shall direct the prehospital practitioner to provide other medical interventions within the practitioner's scope of practice to provide comfort to the patient and alleviate the patient's pain, unless the prehospital practitioner is otherwise directed by the patient.
- (b) Prehospital practitioner uncertainty. If a medical command physician is in contact with a prehospital practitioner when the prehospital practitioner is attending to a patient in cardiac or respiratory arrest and the prehospital practitioner communicates uncertainty as to whether an out-of-hospital DNR order for the patient has been revoked, the medical command physician shall ask the prehospital practitioner to explain the reason for the uncertainty. Based upon the information provided, the medical command physician shall make a good faith assessment of whether the described circumstances constitute a revocation, and then direct the prehospital practitioner to withdraw or continue CPR based upon whether the physician determines that the out-of-hospital DNR order has been revoked or not revoked.
- (c) Pregnant patient. If a medical command physician is in contact with a prehospital practitioner when the prehospital practitioner is attending to a pregnant patient in cardiac or respiratory arrest, and the prehospital practitioner is made aware of an out-of-hospital DNR order for the pregnant patient by examining an out-ofhospital DNR order, bracelet or necklace for the patient, and apprises the medical command physician of the out-of-hospital DNR order, the medical command physician shall direct the prehospital practitioner to ignore the out-of-hospital DNR order unless the medical command physician has knowledge that the patient's attending physician and a second physician who is an obstetrician had examined the patient, and both certified in the patient's medical record that, to a reasonable degree of medical certainty, life-sustaining treatment, nutrition, hydration and CPR will have one of the following consequences:
- (1) They will not maintain the pregnant patient in such a way as to permit the continuing development and live birth of the unborn child.
- (2) They will be physically harmful to the pregnant patient.
- (3) They will cause pain to the pregnant patient which cannot be alleviated by medication.
- (d) *Inconsistencies*. Subsections (a) and (b) apply when the patient is a pregnant patient, except to the extent they are inconsistent with subsection (c).

### ORDERS, BRACELETS AND NECKLACES FROM OTHER STATES

#### § 1051.101. Recognition of other states' out-ofhospital DNR orders.

(a) Validity of orders, bracelets and necklaces from other states. An out-of-hospital DNR order, bracelet or

necklace valid in a state other than this Commonwealth is effective in this Commonwealth to the extent the order, bracelet or necklace is consistent with the laws of this Commonwealth.

- (b) Department acceptance. The Department will review the applicable laws of other states, and the out-of-hospital DNR orders, bracelets and necklaces provided in other states, and list in a notice in the Pennsylvania Bulletin the states that provide out-of-hospital DNR orders, bracelets and necklaces that are consistent with the laws of the Commonwealth. The notice will also include, for each state listed, a description of the out-of-hospital DNR order, bracelet and necklace the state issues consistent
- with the laws of the Commonwealth. The Department will update the list and descriptions, as needed, in a superseding notice in the *Pennsylvania Bulletin*.
- (c) Compliance by EMS providers. An EMS provider shall comply with §§ 1051.51, 1051.52, 1051.61 and 1051.81 when encountering a patient with an apparently valid out-of-hospital DNR order, bracelet or necklace issued by another state listed in a notice in the Pennsylvania Bulletin issued under subsection (b).

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